|  |  |  |  |
| --- | --- | --- | --- |
| Soccer Skills | Prep Phase | Force Phase | Follow thru Phase |
|  | Acc Nmt | Acc Nmt | Acc Nmt |
| Passing |  |  |  |
| Dribbling |  |  |  |
| Shooting |  |  |  |
| Trapping |  |  |  |

Acc= accomplished, nmt= needs more time